

Eclipses and You
Layer 1 - Pisces, Virgo, and the Collective
By Dena DeCastro ©2007

Who can use this exercise?

Anyone - No astrological knowledge necessary

Eclipse Period:

8/28/07 (Lunar Eclipse at 5 degrees Pisces) - 2/21/08 (next Lunar Eclipse)

9/11/07 (Solar Eclipse at 18 degrees Virgo) - 2/7/08 (next Solar Eclipse)

During this 6-month period, explore your relationship to the life areas associated with the Pisces/Virgo axis. Begin the eclipse period with these themes in mind, and consider how these themes are activated in your life presently. The areas ruled by these signs can be used as focal points for:

Journaling

Meditation

Creating Affirmations and Wish Lists

Informal Reflection

*I've offered some potential interpretations of Pisces and Virgo below, but keep in mind that **you** are the one creating meaning from the eclipse period; if any one of these associations doesn't fit for you, or if another occurs to you, feel free to change them as needed.*

Pisces:

Physical Level - Sleep Patterns, Medication/Substances, Fatigue, Unification of Spiritual Practice and Exercise (Yoga, Qigong, etc.)

Emotional Level - Compassion, Empathy, Sensitivity

Mental Level - Dreams (literal and figurative), Meditation, Channeling, Clairvoyance

Spiritual Level - Connection to the "Other Side," Spiritual Belief System, Connection with Your Own Subconscious

Virgo:

Physical Level - Health Regimen, Daily Routines, Diet

Emotional Level - Desire to Serve, Desire to be Useful, Craving Order and Organization

Mental Level - Focus on Details, Re-ordering One's life to create peace of mind

Spiritual Level - Sacred Mentorship (Mentoring another or Receiving Mentoring)